## **Ferdinand Elementary March Menus**

Monday	Tuesday	Wednesday	Thursday	Friday
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		B: Biscuit and Gravy, Fruit, Juice	B: Yogurt Parfait, Fruit, Juice	B: Scrambled Eggs, Toast, Fruit,
		L: Pork BBQ	L: Grilled or Hot and Spicy Chicken	L: Bosco Cheese Stick
		Tator Tots	Salad	French Fries
		Pickle Spear	Black Beans	Marinara Sauce
		Carrots	Mixed Fruit	Red Peppers
		Oranges		Blueberry Cobbler
6	7	8	9	10
<b>B</b> : Cereal, String Cheese, Fruit, Juice	B: Pancakes, Fruit, Juice	B: Biscuit and Gravy, Fruit, Juice	B: Breakfast Pizza, Fruit, Juice	B: Mini Cinnis, Fruit, Juice
L: Chicken and Dumplings	L: Salisbury Steak or BBQ Rib	L: Deli Turkey with Cheese Sandwich	L: Chicken Patty Sandwich	L: Grilled Cheese
Broccoli	Rice	Buttered Noodles	Curly Fries	Salad
Carrots	Green Beans	Peas	Corn	Tomato Soup
Dinner Roll	Cauliflower	Kidney Beans	Red Peppers	Crackers
Sliced Pears	Pineapple	Strawberries	Mixed Fruit	Apples
13	14	15	16	17
B: Cereal, String Cheese, Fruit, Juice	<b>B:</b> Pastry, String Cheese, Fruit, Juice	B: Biscuit and Gravy, Fruit, Juice	B: Cereal Bar, String Cheese, Fruit	B: French Toast Sticks, Fruit, Juice
L: Pancakes	L: Spaghetti with Meat Sauce	L: Corn Dog	L: Pepperoni Pizza Stick	L: Cheese Pizza
Sausage Patty	Romaine Salad	Potato Wedges	Sweet Potato Fries	Tator Tots
Hash Brown	Bread Stick	Green Beans	Cauliflower	Chili Beans
Green Peppers	Mandarin Oranges	Banana	Pears	Strawberries
Orange Juice				
20	21	22	23	24
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
27	28	29	30	31
<b>B:</b> Cereal, String Cheese, Fruit, Juice	B: Waffles, Fruit, Juice	B: Biscuit and Gravy, Fruit, Juice	B: Cinnamon or Fudge Pastry, String	B: Yogurt, Toast, Fruit, Juice
L: Country Fried Steak	L: Chef Salad	L: Sausage and Egg Sandwich	Cheese, Fruit, Juice	L: Cheese Quesdilla
Mashed Potatoes with Gravy	Diced Ham, Tomatoes	Oven Fried Potatoes	L: Popcorn Chicken	Tortilla Chips with Salsa
Peas	Cheese, Carrots,	Steamed Broccoli	French Fries	Salad
Mixed Fruit	Gold Fish Crackers	Cinnamon Apples	Pickle Spear	Refried Beans
	Peaches		Grapes	Raisins